



***ALL ITEMS TO BE REWARMED IN A PREHEATED 350 F OVEN**

****For items to be reheated covered: remove lids and cover with tin foil before placing in oven. All reheating times are approximate and may vary by oven.**

REHEATING INSTRUCTIONS

CHICKEN / BEEF

CHICKEN

HERB ROASTED CHICKEN Montreal Spiced Chicken Supreme, Roasted with Natural Rosemary Jus, New Potatoes & French Green Beans with Citrus

OVEN: Place in the oven uncovered for 15-18 minutes, or until hot

DANFORTH SOUVLAKI Grilled Lemon & Herb Marinated Chicken Skewer, Greek Style Lemon Potatoes, Rice and Grilled Vegetables. House made Tzatziki on the side

OVEN: Place in the oven covered for 15-18 minutes, or until hot

Tzatziki Sauce: Keep refrigerated until ready to use. Remove from the fridge when chicken goes into the oven. Enjoy as an accompaniment to chicken.

KAM PONG GI Korean Popcorn Chicken tossed with Gochujang and Honey, Served with Vegetable Fried Rice & Sesame Roasted Bok Choy

OVEN: Place in the oven uncovered for 10-15 minutes, or until hot

CHICKEN POT PIE Boneless Chicken Breast, Potatoes, Peas, Carrots, Celery, Braised in a Rich Creamy Sauce with Warm Herbs & Spices, in a Flaky Puff Pastry Crust. Extra Gravy on the side for topping

OVEN: Place in the oven covered for 15-18 minutes, or until hot

BEEF

BEEF BOURGUIGNON Provencal Style Stew with Aged Sirloin Tip, Rich Red Wine Gravy, Button Mushrooms, Root Vegetables, Pearl Onions, Fresh Herbs; Served with Creamy Mashed Potatoes

OVEN: Place in the oven uncovered for 15-18 minutes, or until hot

HUNGRY MAN'S CHILI & CHIPS Homemade Beef Chili loaded with Braised Beef, Ground Beef, Beans & Spices, Side of Shredded Cheddar & Corn Chips

STOVE TOP: Heat in a medium sized pot, over medium heat. Stir occasionally. Heat for 15 - 18 minutes or until chili comes to a boil

Shredded Cheddar - Keep refrigerated until ready to use. Serve over top of chili, and enjoy with Corn Chips

CANTONESE CRISPY BEEF Marinated Crispy Beef with Sweet Soy Glaze, Vegetable Fried Rice, Sesame Roasted Bok Choy

OVEN: Place in the oven uncovered for 10 - 15 minutes, or until hot.

GUINNESS BEEF POT PIE Braised Beef, Potatoes, Onions, Peas in a Rich Brown Guinness Gravy, topped with a Flaky Puff Crust. Extra Gravy on the side for topping

OVEN: Place in the oven covered for 15-18 minutes, or until hot

BEEF POT ROAST & YORKIES Slow Braised AAA Beef Pot Roast with Potatoes and Carrots, Yorkshire Puddings

OVEN: Place in the oven covered for the first 10 minutes, then remove cover and finish in oven for another 15-18 minutes uncovered





REHEATING INSTRUCTIONS

PASTA / FISH / VEGETARIAN

PASTA

RIGATONI BOLOGNESE Rigatoni Noodles with Slow Braised Beef Bolognese, Rosemary, Thyme & Parmesan Cheese

OVEN: Covered for 10 - 15 minutes, or until hot.

SPAGHETTI CARBONARA Onion, Bacon, Parmesan, Egg, Cream, Parsley, Black Pepper

OVEN: Covered for 10 - 15 minutes, or until hot.

CREAMY MAC N CHEESE Macaroni, Aged Cheddar, Gruyere, Parmesan, Bechamel, Pangrattato

OVEN: Covered for 10 - 15 minutes, or until hot

FISH

SICILIAN BUTTERFISH Whitefish Braised with San Marzano Tomatoes, White Wine, Olives, Capers, Fennel, Celery, Green Beans, New Potatoes, Cherry Tomatoes & Basil

OVEN: Place in the oven covered for 10 - 15 minutes, or until hot

PUB SALMON Seared Lemon Atlantic Salmon Filet with House Tartar Sauce, New Potatoes, French Green Beans with Oven Dried Cherry Tomatoes

OVEN: Place in the oven for 10 - 15 minutes. Cover for the first 6 minutes, then remove cover to finish

TERIYAKI SALMON Glazed Atlantic Salmon Loin, Steamed Jasmine Rice, Furikake, Miso Grilled Seasonal Vegetables

OVEN: Place in oven for 10 - 15 minutes uncovered, or until hot

VEGETARIAN

CANTONESE TOFU STEAKS Maple Soy marinated Tofu, Vegetable Fried Rice, Sesame Roasted Bok Choy

OVEN: Place in oven uncovered for 8 - 12 minutes, or until hot

PORTOBELLO POT PIE Local Mushrooms, Peas, Root Vegetables, Portobello Gravy, all in a Flaky Puff Pastry Crust. Extra Gravy on the side for topping

OVEN: Place in the oven covered for 15-18 minutes, or until hot

HARISSA TAGINE Moroccan Stew of Chickpeas, Squash, Preserved Lemon, Button Mushrooms, Aubergine, Root Vegetables, Dried Apricots; served on a bed of Lemon, Pomegranate and Parsley spiked Couscous

OVEN: Place in oven covered for 15 -18 minutes

CHANA MASALA Slow - Braised Chickpea Curry, Roasted Tandoori Cauliflower, Fresh Coriander, served with Steamed Basmati Rice

OVEN: Place in oven covered for 15-18 minutes, or until hot.

LOADED CHEESE PIEROGIS Cheese & Potato Stuffed Pierogies with Caramelized Onion, Sautéed Mushrooms, Cheddar Cheese, Sour Cream & Green Onion

OVEN: Place in oven uncovered for 10 -15 minutes. Top with Sour Cream as desired.



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REHEATING INSTRUCTIONS

KIDS FAVOURITES / STARTERS

KIDS FAVOURITES

MAC N MEAT SAUCE Slow Braised Beef & San Marzano Tomato Sauce, Shredded Mozzarella Cheese on the side

OVEN: Place in oven covered for 8-12 minutes, or until warm

CHICKEN FINGERS Crispy Chicken Fingers

OVEN: Place in oven for 8-12 minutes uncovered or until hot and crispy. Serve with ketchup.

CREAMY MAC N CHEESE Macaroni Noodles, Aged Cheddar, Gruyere, Parmesan, Bechamel

OVEN: Place in oven covered for 8-12 minutes, or until warm

CHEESEBURGER SLIDER All Beef Burger, American Cheese, Ketchup

OVEN: Covered for 8 - 12 minutes, or until warmed through

STARTERS

TRUFFLE MAC N CHEESE BOMB Truffle Mac N Cheese Bomb with Smokey Ketchup

OVEN: Place in oven, covered for 8-10 minutes, or until hot.

CRISPY COCONUT SHRIMP Crispy Coconut Shrimp, served with Pineapple Chutney Dip

OVEN: Place in oven, covered for 8-10 minutes, or until hot.





REHEATING INSTRUCTIONS

SIDE DISHES

ROASTED BUTTERNUT SQUASH Garlic Butter
Roasted Hasselback Butternut Squash, Sage,
Parmesan, Macerated Cranberries

Oven: Place in oven uncovered for 8-10 minutes, or until hot

GRILLED VEGGIES Eggplant, Zucchini, Asparagus,
Bell Peppers, Red Onion, Olive Oil, Balsamic Glaze

OVEN: Place in oven uncovered 8-10 minutes, or until hot

CITRUS GREEN BEANS French Green Beans, Lemon
& Orange Zest, Olive Oil

OVEN: Place in oven uncovered 8-10 minutes, or until hot

VEGETABLE FRIED RICE Wok Fried Jasmine Rice,
Egg, Carrot, Peas, Corn, Tamari & Scallions

OVEN: Place in oven covered for 8-10 minutes, or until hot.

ROASTED MINI POTATOES Olive Oil, Rosemary, Sea Salt

OVEN: Place in oven covered for 8-10 minutes, or until hot.

CREAMY CAULIFLOWER MAC N CHEESE
Macaroni Noodles, Cauliflower, Aged Cheddar, Gruyere,
Parmigiano, Bechamel, Herb Pangrattato

OVEN: Place in oven covered for 15-18 minutes, or until hot.

